



## Three Cs Confident, Concise and Consistent Health Care Provider Recommendations and FAQs VIDEO 2 WORKSHEETS

### Part I: Answering Parent Questions

This worksheet is designed to accompany the video, Pursuit of the Three Cs: Confident, Concise and Consistent Health Care Provider Adolescent Vaccine Recommendations. This video demonstrates the presumptive bundled vaccination recommendation, common vaccine-related questions that parents present, and tips for recognizing and working with parental hesitancy. This worksheet will assist you in answering parents' general and vaccine specific questions in a confident, concise and consistent manner. In the spaces below, write down your answers to the questions that parents ask about vaccination.

#### General Vaccine Questions

Why now? Can't some of these shots wait until my child is a bit older?

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Is it safe for my child to get all 3 vaccines at the same time?

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Which vaccines are required for school (or sports)? I think that I want to get only those today.

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UNITY

United for adolescent vaccination

## Tdap/Meningococcal Specific Questions

Why does my child need it?

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## HPV Specific Questions

Does he/she really need it at 11 years?

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I've heard about some bad reactions with this vaccine. What are the side-effects?

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Won't the HPV vaccine open up the door to certain types of behavior, like giving him/her permission?

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## Part II: Applying Motivational Interviewing Techniques for the Hesitant Parent

This worksheet is designed to accompany the video, Pursuit of the Three Cs: Confident, Concise and Consistent Health Care Provider Adolescent Vaccine Recommendations. This video demonstrates the presumptive bundled vaccination recommendation, common vaccine-related questions that parents present, and tips for recognizing and working with parental hesitancy. This worksheet will assist you in identifying motivational interviewing techniques for use with hesitant parents. In the spaces below, write down your answers to the questions about motivational interviewing.

Use the following questions to facilitate your individual learning or in a group discussion.

1. What did you notice about the physician's body language?

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2. Which of the guiding MI strategies did the physician use?

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3. What do you think would have happened if the physician had maintained a directive "expert" role with this hesitant parent?

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4. What guiding MI strategies are you already using in your practice?

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5. What changes, if any, will you implement in your vaccine recommendation practices when working with hesitant parents?

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How will you integrate the MI skills demonstrated in this video into your daily interactions with hesitant parents and patients?

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