

# VACCINES FOR TEENS

Keep your adolescent vaccinations up to date

Kids grow out of many things, but vaccines aren't one of them. Every year in the U.S., 2.5 million people die from vaccine-preventable diseases. Because adolescents are at risk for many of these serious diseases, immunization is especially important. Ask your healthcare professional about all recommended vaccines to protect your child.

## Did you know that in the U.S.:

**14 million people** are infected

with human papillomavirus (HPV)—mostly teens and young adults—leaving them vulnerable to associated cancers later in life?

**21%** of all

meningococcal disease cases are preteens, teens, and young adults, ages 11–24?



Up to **200,000 people**



are hospitalized annually due to flu-related complications?



There were an average of **200,000 cases**

of pertussis each year before the Tdap vaccine was available, and since then, cases of the disease have decreased more than 80%?

**80%** decrease



## CDC-recommended vaccinations for adolescents:

	Every year	flu vaccine	
AGES	11-12 years	13-15 years	16 years
	<ul style="list-style-type: none"> <li>• HPV (2 doses)</li> <li>• Meningococcal ACWY</li> <li>• Tdap</li> </ul>	<ul style="list-style-type: none"> <li>• Meningococcal ACWY (if not previously vaccinated)</li> </ul>	<ul style="list-style-type: none"> <li>• Meningococcal B*</li> <li>• Meningococcal ACWY booster</li> </ul>
			17-18 years
			<ul style="list-style-type: none"> <li>• Td booster every 10 years</li> </ul>

\* Adolescents may be vaccinated with a 2-dose MenB vaccine, and the preferred vaccination age range is 16 through 18 years.

## Remember the 4

- HPV (Human papillomavirus)**—The vaccine is most effective at preventing associated cancers for both boys and girls when given during preteen years.
- Meningococcal**—Two types of meningococcal disease vaccines protect against the most common serogroups. Teens should start the ACWY vaccine at 11–15 years old, with a booster dose between 16 and 18 years. They may also get the serogroup B vaccine at 16–18 years of age.
- Tdap (Tetanus, Diphtheria, and Pertussis [whooping cough]) and Td Booster (Tetanus and Diphtheria):** Adolescents should receive a Tdap vaccine between the ages of 11–12. Regular boosters of Td vaccine are recommended every 10 years to protect those at risk.
- Flu**—Flu season typically starts in October, and the virus can mutate each year. Annual vaccination is recommended.

**ASK YOUR HEALTHCARE PROVIDER** if your adolescent needs a catch-up vaccine to protect them from

- Hepatitis A
- Hepatitis B
- Chickenpox
- Polio
- Measles, mumps, rubella (MMR)
- Pneumococcal disease\*



**UNITY**

United for adolescent vaccination

For more information, visit [www.unity4teenvax.org](http://www.unity4teenvax.org)