Following High Rates In Infancy, Meningococcal Disease Peaks Again in Ages 16-23 Years

Four Serogroups Cause Most Meningococcal Disease
- 10% of cases (16-23 yrs) are caused by serogroups CWY
- 70% of cases (16-23 yrs) are caused by serogroup B

Vaccines Recommended At 16 Years
- 1st dose: 11-12 yrs
- 2nd dose: 16 yrs
- MenACWY
- MenB

Low Vaccination Rates Mean Some Teens Are NOT Protected
- 51% of teens (17 yrs) have completed a second dose of MenACWY vaccine
- 17% of teens (17 yrs) have received at least one dose of MenB vaccine

Age-Based Immunizations
- 11-12 YEARS: Tdap, HPV (2 doses), MenACWY (1st dose)
- 13-15 YEARS: Catch-up immunization if not already vaccinated
- 16 YEARS: MenACWY (2nd dose), MenB (2 doses)
- 17-18 YEARS: Catch-up immunization if not already vaccinated
- Annually (seasonally): Flu Vaccine

Protect teens and VAX@16
- To protect against all five vaccine-preventable meningococcal serogroups, it is necessary to receive both MenACWY and MenB vaccines

For your 16 year old patients
- Recommend MenACWY – the booster (2nd) dose
- Discuss the value of MenB including risks, benefits, and desire to protect from meningococcal disease
- Administer all vaccines due (and overdue, if catchup is warranted) at the same visit

As one strong voice, Unity Consortium addresses the unique challenges surrounding adolescent and young adult preventive healthcare and immunization. Please visit Unity4TeenVax.org


Funding for Unity’s VAX@16 campaign is provided by our members, including vaccine manufacturers.